

## Plus Size Maternity Clothes For You

Being a BBW (big beautiful woman) and being pregnant poses some special challenges, not the least of these finding plus size maternity clothes. Fortunately, this is not as hard as it used to be. Free-standing stores and online businesses abound who cater to larger women, and there are even bargains for those watching their pennies. Because big changes don't happen in the first few months, there is no need for a woman to rush out to buy plus size maternity clothes. However, a properly fitted bra is one exception to this rule because breasts often enlarge much earlier than the waistline does. Investing in nursing bras instead of simply buying larger-sized regular bras is a wise choice. Nursing bras provide excellent support throughout the pregnancy and can make nursing easier once the baby arrives. A professional fitting is a must if you are pregnant because your old bras will no longer fit. Buy only one or two bras at a time because your size will continue to change throughout your pregnancy. You may also want to look for a comfortable bra to use while you sleep because you may find you need round the clock support while you are pregnant. Don't go overboard shopping for plus size maternity clothes, particularly at the beginning of your pregnancy. For example, don't buy a plus size dress and expect that you will want to wear it for 9 months straight! Many plus size items are made with additional room that will stretch and accommodate you, so even though these are not specifically made for maternity wear, they may be fine at the beginning of your term. Also be aware that you will be wearing maternity clothing after delivery, so be sure to select clothes that will work well during nursing. It's amazing how much energy a tiny little fetus inside you can drain. You may find that you simply aren't able to do everything you used to. For this reason, look for maternity clothes that are simple to wash and care for so that you can devote your energies to the more important things in your life. Clothes that require you to wash them by hand or have to be dry cleaned may seem like an okay idea at first, but once you are exhausted and pregnant it may seem like just too much work. As with other plus size fashions, maternity fashions in plus sizes are much more difficult to find, and when you do they are more costly. One way to shop for these is to use the clothing store as a place to find sizes and brands that you like, then go online to look for comparison deals on these items. Plenty of websites are available for discount and clearance sale type prices, in fact many stores will have a larger selection of all types of clothing on their website than in the store. Many regular clothing items are loose fitting or feature elastic waists that will fit you well into your pregnancy. You can often get these items cheaper than plus size maternity clothes, and you'll have the added benefit of being able to wear them long after your pregnancy. You've got it, girl, so find yourself some attractive clothes and go ahead and flaunt it!

## About the Author

Andrea writes about [Plus Size Clothing](#). Visit us for plus size deals on a [Plus Size Bra](#) at <http://plus-size.discountsonline.com>.

Source: <http://www.BeautifulPlusSizes.info>