

Can I Plus Size that Please: Tips for Buying Clothes to fit Your Curves

If you're an average or above average sized woman, the thought of shopping for clothes is often like a reoccurring nightmare. It seems that no matter what the style or fashion trend, clothes these days are made for those lucky enough to look like they've walked right off the runway. Have no fear though, America's women aren't one size and statistically speaking, most of them aren't a size in the lower single digits. If you're trying to find clothes that compliment your curves and look great on your body type, it may take some time, but they are definitely out there. Following these simple tips can help you find clothes that look great and make you feel even better.

Try It On or Know Your Measurement: If you're shopping online check the measurement chart to find out what size will fit best on you. If you receive your purchase and aren't happy with how it fits simply send it back. Trying clothes on or getting your measurements is probably one of the most important steps in finding clothes that fit you the best. Regardless of what size you are, different brands have different measurements so while you may be a size 12 at one store, you may find that you are a 14 at another store. The same is true for shirts, not every shirt is going to fit the same. Designers aren't designing clothes with only you in mind so you need to try it on and see what fits best.

Choose Darker Colors: Darker colors will generally work to give a slimming illusion. If you are shopping for jeans or pants, try to go with blacks, browns, or dark blue jeans. The same is true for shirts. The goal is to use the dark colors to give a slimming appearance, but be careful. It's not necessary to dress in all black or all dark colors; feel free to mix it up.

Shop Around: When shopping for clothing, it's best to check out a couple stores before you make your purchase. While one store may have great tops, they may not have pants that fit you quite right. If you're not satisfied with a store's selections then go somewhere else. When you are shopping it may be best to go to stores that specialize in or have a section dedicated to plus size clothing. These stores may have clothes that are specifically adapted for your curves.

Small Prints are Key: Wearing solids everyday of the year can lead to wardrobe boredom. Everyone likes to change it up a bit with a patterned shirt or pants, but you need to use caution when doing so. If you do want to add some patterns to your closet, stick with patterned tops and try to stay away from pants that have patterns. When choosing a pattern to wear, go with something small that gives your outfit a little flair but doesn't accentuate your size.

Be Realistic: It's important to be realistic about your body and love who you are. If a certain fashion trend doesn't compliment your body type then it's best to acknowledge the limit and choose something that flatters you. You are the only person who sees the tags in your pants, so if the next size up looks better then buy that one. Buying the smaller size out of vanity will not only cause discomfort, but squeezing into something that's a bit too small can actually make you look bigger.

About the Author

by Jen Wasilewski For trendy and fashionable clothes in [plus sizes](#), check out the great selection at www.babyphat.com. [Baby Phat](#) is your one stop shop for sassy, sexy, and stylish urban apparel.

Source: <http://www.BeautifulPlusSizes.info>