

Plus Size Jeans

Tips for Buying the Perfect Pair of Plus Size Jeans A little over a century ago, Levi Strauss started a wholesale business supplying blue jeans to gold miners who wanted clothes that were strong and did not easily tear. Today, blue jeans are the world's most popular and versatile garment, embraced for their unmatched comfort and appeal. Plus size women often have a difficult time finding jeans that are both comfortable and fashionable. The majority of jeans fit too tight somewhere, either in the leg or waist area. A great pair of jeans can make your legs appear longer while also making your hips appear smaller. The trick is finding the perfect pair of jeans for your body type. Plus size jeans are increasingly being made with a stretch material that allows the jean fabric to give slightly. Be on the lookout for the word "stretch" when perusing plus size jean labels. Stretch fabric is made of a cotton/poly/spandex blend. As such, it virtually glides on the body and stretches only when and where needed. Stretch fabric jeans provide maximum comfort and enhance your shape. Stretch jeans will continue to stretch out with wear, helping to keep you feeling comfortable throughout your day. The next thing to look for in plus size jeans is the "mid-rise" qualities. Many of the jeans available today are "low-rise" jeans and look great if you have no curves. Individuals who are plus size should avoid low-rise clothing because they do not compensate for larger waists, hips or thighs. Low-cut jeans will push belly fat above the waist band and emphasize the midriff area. Most plus size people find low-rise jeans very uncomfortable to wear. A stylish way to stay comfortable is to choose classic cut jeans, also called mid-rise jeans. Classic cut jeans sit just under the wearer's waistline and the straight leg continues from the hip all the way to the tip of the jeans. This adds a long, lean look to the plus size woman. Do not buy plus size jeans with elaborate designs such as embroidery, fancy stitches, or severe fading. You want to get solid, dark wash jeans that will last and will go well with any outfit you want to wear. A wider pant leg will balance out a body, therefore it is best worn by individuals who are plus size. A classic five-pocket design in a dark shade works best. Now jeans can be worn with any dressup or dress-down outfit, with any footwear from sneakers to high heels. They provide almost infinite options for your wardrobe with their numerous colors and fabrics. Look for the stretch fabric and rise quality when you are shopping for plus size clothing and jeans. When you do find the perfect pair of plus size jeans, it's always worth it to invest in a second pair. The perfect pair of plus size jeans can help you look and feel great!

About the Author

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